

The largest group of pediatric specialists of its kind in the region.



OFFICE LOCATIONS

Westchester County

- 1** 19 Bradhurst Avenue, Suite 1400 & 2400
Valhalla, NY 10595
- Cardiology – (914) 594-4370
 - Endocrinology – (914) 366-3400
 - General Pediatrics – (914) 493-7235
 - Hematology/Oncology – (914) 493-7997
 - Infectious Disease – (914) 493-8333
 - Medical Home – (914) 594-4602
 - Nephrology – (914) 493-7583
 - Neonatology Follow-Up Program – Referral Only
 - Psychology – (914) 493-7697
 - Pulmonology/Allergy – (914) 493-7585
 - Rheumatology – (914) 594-4835

- 2** 503 Grasslands Road, Suite 200 & 201
Valhalla, NY 10595
- Adolescent Medicine – (914) 304-5300
 - Developmental – (914) 304-5250
 - Gastroenterology – (914) 367-0000
 - Medical Genetics/Metabolic – (914) 304-5300

Medical Service Building at Phelps Memorial Hospital

- 3** 755 North Broadway, Suite 400 & 540
Sleepy Hollow, NY 10591
- Endocrinology – (914) 366-3400
 - Neurology – (914) 358-0188/0190

Briarcliff Pediatric Associates

- 4** 55 North Broadway, Suite 500
Sleepy Hollow, NY 10591
- General Pediatrics (914) 366-0015

Sound Shore Medical Center

- 5** 16 Guion Place
New Rochelle, NY 10802
- Cardiology – (914) 594-4370
 - Endocrinology – (914) 366-3400
 - Hematology/Oncology – (914) 365-3065

The Children's Rehabilitation Center

- 6** 317 North Street, White Plains, NY 10605
- Neonatology – (914) 597-4080/4115

Eastchester Pediatric Medical Group

- 7** 266 White Plains Road
Eastchester, NY 10709-4423
- General Pediatrics – (914) 337-3960

Rockland County

North Rockland Pediatric Associates

- 8** 171 Ramapo Road, Suite 4
Garnerville, NY
(845) 947-1772

Suffern Medical Pavilion at Good Samaritan Hospital

- 9** 255 Lafayette Avenue, Suite 370 & 390
Suffern, NY 10901
- Cardiology – (914) 594-4370
 - Endocrinology – (914) 366-3400
 - Gastroenterology – (914) 367-0000
 - Medical Genetics/Metabolic – (914) 304-5300
 - Neonatology Follow-Up Program – Referral Only
 - Neurology – (914) 358-0188/0190
 - Pulmonology – (914) 493-7585

Orange County

Orange Specialty Center

- 10** 100 Crystal Run Road, Suite 108
Middletown, NY 10941
- Cardiology – (914) 594-4370
 - Developmental – (914) 304-5250
 - Endocrinology – (914) 366-3400
 - Gastroenterology – (914) 367-0000
 - Hematology/Oncology – (914) 493-7997
 - Medical Genetics/Metabolic – (914) 304-5300
 - Neonatology Follow-Up Program – Referral Only
 - Neurology – (914) 358-0188/0190
 - Pulmonology – (914) 493-7585

Herbert Kania Pediatric Group

- 11** 10 Ronald Reagan Blvd.
Warwick, NY 10990
- General Pediatrics – (845) 986-2058

Medical Center of New Windsor

- 12** 575 Hudson Valley Avenue, Suite 203
New Windsor, NY 12553
- Cardiology – (914) 594-4370
 - Gastroenterology – (914) 367-0000
 - Pulmonology – (914) 493-7585

Dutchess County Pediatric Sub-Specialty Center at Vassar Brothers Medical Center

- 13** 45 Reade Place
Poughkeepsie, NY 12601
- Cardiology – (914) 594-4370
 - Gastroenterology – (914) 367-0000
 - Hematology/Oncology – (914) 493-7997
 - Medical Genetics/Metabolic – (914) 304-5300
 - Pulmonology – (914) 493-7585

- 104 Fulton Ave, Poughkeepsie, NY 12601
- Neurology – (914) 358-0188/0190

Bronx County

Woodlawn Medical Arts Building

- 14** 4350 Van Cortlandt Park East
Bronx, NY 10470
- Cardiology – (914) 594-4370
 - Developmental – (914) 304-5250
 - Endocrinology – (718) 231-6565
 - Gastroenterology – (914) 367-0000
 - General Pediatrics – (718) 231-6565
 - Hematology/Oncology – (347) 226-6437
 - Medical Genetics/Metabolic – (914) 304-5300
 - Neurology – (914) 358-0188/ (347) 226-6437
 - Pulmonology – (914) 493-7585

Southern Connecticut

Pediatric Gastroenterology

- 15** 149 East Avenue, Suite 39,
Norwalk, CT 06851
- Gastroenterology – (203) 853-7170



Children's Health and Wellness Center at Danbury Hospital

- 16** 79 Sandpit Road, Danbury, CT 06810
- Cardiology – (914) 594-4370
 - Gastroenterology – (914) 367-0000
 - Hematology/Oncology – (203) 797-7029
 - Medical Genetics/Metabolic – (914) 304-5300

Children's and Women's Physicians of Westchester, LLP

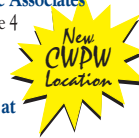
- 17** 67 Sandpit Road
Danbury, CT 06810
- Cardiology – (914) 594-4370
 - Gastroenterology – (914) 367-0000
 - Medical Genetics/Metabolic – (914) 304-5300

Watson Building at Greenwich Hospital

- 18** 5 Perry Ridge Road, 2nd Floor
Greenwich, CT 06830
- Endocrinology – (914) 366-3400
 - Gastroenterology – (914) 367-0000
 - Medical Genetics/Metabolic – (914) 304-5300

Children's Specialty Center at Norwalk Hospital

- 19** 30 Stevens Avenue, Norwalk, CT 06856
- Cardiology – (914) 594-4370
 - Gastroenterology – (914) 367-0000
 - Pulmonology – (914) 493-7585



CWPW • Visit Our Web Site for Additional Information: www.cwpw.org



Munger Pavilion, Room 123 • Valhalla, New York 10595

CWPW Children's & Women's Physicians of Westchester, LLP

The largest group of pediatric specialists of its kind in the region.



COMPREHENSIVE CARE FOR INFANTS, CHILDREN AND YOUNG ADULTS

WINTER 2010, VOL. 1, NO. 3

NEED SUBSPECIALTY CARE?

Access to CWPW Physicians Is Seamless

Parents seeking quality subspecialty care for their child, or general pediatricians who need to channel a young patient to an experienced specialist, will find easy access to superior care from the many skilled physicians at CWPW.

"If a parent has a child with a subspecialty problem such as a learning disability, a heart murmur or an intestinal problem, the best way to access care for their child is to speak with their regular pediatrician," explains Leonard Newman, MD, President of Children's & Women's Physicians of Westchester, LLP. "If the pediatrician determines that a consultation with a subspecialty physician is necessary, then the parent should request a consult."

The general pediatrician (or the family practitioner), Dr. Newman explains, is ostensibly the "gatekeeper" — the conduit to quality subspecialty care at CWPW. "The pediatricians in the region work well with the doctors at CWPW," Dr. Newman says.

If a parent has a problem obtaining an appointment with a CWPW physician, "They simply need to call our office and we will do our very best to expedite the appointment," Dr. Newman says. For a child who has an emergency medical situation, Dr. Newman stresses that "it's always best to go to your nearest Emergency Room."



Parents new to the region who want to see a generalist can also contact CWPW. "Our pediatricians are of the highest standards and quality, and we can make a list of our pediatricians available, along with their location and office hours," Dr. Newman says. "And they are available for parents to interview."

General pediatricians and family doctors also have a flawless avenue to access CWPW's roster of subspecialty care doctors. "Any

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SCHOOL BULLYING

Can Have Serious Consequences

Bullying used to be dismissed as a rite of passage of sorts, something almost every child endured to some degree. Not anymore. Today bullying at school or on the playground is taken seriously, because it can have serious consequences for the child victim — not just physically, but emotionally and in terms of ability to cope with school and day-to-day activities.

According to Arlene Adler, Ph.D., Chief Psychologist and Clinical Director of Pediatric Psychology at CWPW, bullying has moved beyond the 'rite of passage' stage to a full-blown public health issue. Approximately 30% of students from Grades 6 to 10 are involved in moderate or frequent bullying, either as perpetrator or victim, with males predominating and bullying behavior peaking among middle school-age youth. At the same time, Dr. Adler points out, upwards of 30% of parents fear for their kids' safety in school.

What constitutes bullying? "Bullying is a type of behavior intended to harm or disturb another person," Dr. Adler says. "The behavior occurs over time with an imbalance of power in the relationship." It can take many forms, direct or indirect. "Bullying may be physical — involving hitting or attacking the victim, verbal — involving name-calling or threats, or psychological — involving spreading rumors or excluding the person" from group activities, Dr. Adler explains.

With direct bullying, sometimes it's outright physical abuse in the form of hitting, kicking, tripping or pushing. Indirect bullying can be just

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SPECIALTIES

ADOLESCENT
MEDICINE

CARDIOLOGY

CRITICAL CARE

DEVELOPMENTAL
PEDIATRICS

ENDOCRINOLOGY

GASTROENTEROLOGY

GENERAL PEDIATRICS

HEMATOLOGY/
ONCOLOGY

INFECTIOUS
DISEASE &
IMMUNOLOGY

MEDICAL GENETICS

NEONATOLOGY

NEPHROLOGY

NEUROLOGY

PEDIATRIC SURGERY

PSYCHOLOGY

PULMONOLOGY,
ALLERGY & SLEEP
MEDICINE

RESEARCH

RHEUMATOLOGY

IN MEMORIAM

Paul Woolf, MD: Physician, Colleague, Friend

Excerpted from the eulogy delivered by Michael Gewitz, MD on Nov. 5, 2010.

We deeply mourn the passing of our esteemed colleague and dear friend, Paul Woolf, MD. Paul was universally respected for his intellect, enjoyed for his wit, and admired for his honesty and compassion. Paul had a seemingly limitless capacity for understanding people — as mentors, as students, as colleagues, as patients, and as friends — and no matter the environment, this innate talent showed through. Paul made people, especially those seeking his advice or counsel, feel at ease and secure no matter the issue they were bringing to him to get the help they needed. For 26 years, starting with the day he responded to my request to join our fledgling program in 1984 and until his passing the other day, Paul has been the "enabler" — his steady hand, wisdom and patience enabled the rest of us to venture out, to recruit, to raise money, secure grants, and do the other things that had to be done to build a first-class children's healthcare program for our region. Paul's presence and persistence, his leadership and skill were the bedrocks upon which we all depended to build everything else.

Paul typified the kind of doctor we want all our new colleagues and trainees to be — know your medicine, understand your patients' needs and, first and foremost, be a good person and make that principle your driving force. He became the mentor's mentor, and the teaching and guidance of young physicians was his true calling. Yes, Paul graduated magna cum laude from Brandeis; yes, he won the Altman Pediatric Award for Excellence in medical school at Columbia; and, yes, he won countless awards and honors for teaching excellence at NY Medical College. But at the heart of all that, it was his heart and his love that made anyone know at once that he was on your side and he would be there to help. Literally hundreds of doctors all over the US and, in fact, all over the world, saw Paul as their role model. What a wonderful legacy. Every patient and family they deal with, the subsequent generations of doctors they themselves train, all in some measure will be impacted by their experience with Paul. And that does not include his equally important additional legacy — the thousands of children who are today leading healthy lives because of the opportunity they had to be under his gentle care. Paul lives on through both the lives of his students and of his patients. All of us have been enriched by having known him, worked with him, and learned from him and his inspiration will continue to guide us in the years ahead.



Need Subspecialty Care? *continued from page 1*

referring physician simply needs to contact the division within CWPW for that particular subspecialty area," Dr. Newman explains. Telephone numbers are available on the back page of the newsletter, and on CWPW's Web site: cwpw.org.

If there is an emergency and the child needs to be seen immediately, the generalist can call the CWPW subspecialty office and speak with a doctor. "If there is ever any difficulty, the physician can call my office directly" and arrangements will be made to see a CWPW doctor at once. Dr. Newman can be reached at 914-594-4282.

"We take a personal approach to health care," Dr. Newman states. "We consider the pediatricians in the region to be very important. We want the delivery of quality care to be as seamless as possible."

If a family or referring physician determines that a child requires the intervention of multiple pediatric subspecialty physicians, CWPW's Medical Home can accommodate the child. Devised by Dr. Newman and his colleagues at CWPW, the Medical Home provides a single focus point for assessing, diagnosing and treating children with multiple chronic illnesses. Appointments can be made by calling 914-594-4602.

Parents with a new baby can find the medical care they need at CWPW, Dr. Newman says. "We have experienced and dedicated neonatologists that can be made available to new parents," and along with it the peace of mind of knowing that the new baby will receive the highest-quality medical care available anywhere.

For parents, general pediatricians or family practice doctors, and people new to the area with children requiring a range of subspecialty care, all roads to superior medical care lead to CWPW. **CWPW**

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Gerard Villucci: Chief Executive Officer
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Editor: Harold Clark
Art Director: Denise Stieve

Leading Pediatric Surgeons Join CWPW

CWPW's continuing to expand its subspecialty care in the region by welcoming three leading pediatric surgeons to its roster of quality physicians.

Gustavo Stringel, MD, MBA, is Surgeon in Chief and Chief of Pediatric Surgery at Maria Fareri Children's Hospital at Westchester Medical Center. He is the director of Minimally Invasive Surgery at Maria Fareri and is Professor of Surgery and Pediatrics at New York Medical College.

Whitney James McBride, MD, is an Attending Pediatric Surgeon and Chief of Pediatric Trauma at Maria Fareri Children's Hospital at Westchester Medical Center, and Assistant Professor of Surgery and Pediatrics at New York Medical College.

Pediatric surgeon J. Anthony SanFilippo, MD, is a longtime associate of CWPW. He was formally Chief of Pediatric Surgery at Westchester Medical Center and currently consults with a number of hospitals in the Lower Hudson Valley. **CWPW**

NEW CWPW AFFILIATIONS

North Rockland Pediatric Associates Joins CWPW

North Rockland Pediatric Associates joins forces with Children's and Women's Physicians of Westchester, LLP as CWPW's 18th regional office. The

announcement was made by Leonard Newman, MD, President of CWPW.

Located at 171 Ramapo Road, Suite 4 in Garnerville, NY, North Rockland employs a total of five physicians: Daniel Cohen, MD; Michele Gorlitsky, MD; Allen Laub, MD; Debra Silverman, MD; and Lisa Troy, MD. A nurse practitioner, Rebecca Ganz, is on staff, along with Pamela Ruvullo, chief administrator. The office support staff totals 14. North Rockland can be reached at 845-947-1774.

"We're pleased to add another fine group of experienced pediatricians to our CWPW family," Dr. Newman says. "North Rockland Pediatric Associates enjoys and excellent reputation for providing superior pediatric care and their addition to the CWPW family of offices broadens our geographic reach and enhances our ability to provide quality care to infants, children and adolescents in the Hudson Valley and beyond." **CWPW**

New Location – Children's and Women's Physicians of Westchester, LLP at Danbury

We are proud to announce our new location, Children's and Women's Physicians of Westchester, LLP at Danbury, 67 Sandpit Road, Danbury, Connecticut 06810. CWPW at Danbury will continue to provide outstanding pediatric specialty services in Cardiology (914) 594-4370, Gastroenterology (914) 367-0000 and Medical Genetics/Metabolics (914) 304-5300, in a new, welcoming environment. **CWPW**

School Bullying

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as harmful in other ways; it ranges from emotional or psychological bullying to spreading false rumors and cyber-bullying, or using social media sites and/or texting to harass a schoolmate. In either case bullying can have severe consequences.

"Bullying can lead to depression, low self-esteem, anxiety, low or declining academic performance, social withdrawal and school avoidance," Dr. Adler explains. Targets of bullying often develop signs of psychosomatic illness: "It's where the mind and body intersect," she says. "Bullying breeds stress, and stress creates symptoms where there is no actual physical disorder. When a child can't admit to being bullied, they can exhibit symptoms."

The "chronic stressors" inherent in bullying can take a serious toll with added ramifications down the road, Dr. Adler points out. "These stressors can be very debilitating" and result in victims shunning school and associated activities. "The tragedy is that kids miss out on opportunities of childhood and adolescence — learning, playing, and gaining mastery of activities," Dr. Adler says. "Through these efforts you build self-esteem, and if you avoid school, you miss out."

Bullying is increasingly viewed as a major contributor to youth violence, including homicide and suicide.

What should parents and school officials look for in discerning between what's



acceptable childhood posturing, and pathological victimization? A disturbance in sleep patterns, lower academic performance, social withdrawal, avoiding school, physical ailments such as unexplained headaches or stomach aches, vomiting, weakness, increased doctor visits — they're all signs that bullying may be occurring, Dr. Adler says. "Physical symptoms can be a metaphor for the emotional problems and experiences" associated with bullying, she says.

Dr. Adler states that research indicates that those who bully and are bullied appear to be at greatest risk of experiencing loneliness, trouble making friends, lack of success in school, and involvement in problem behaviors such as smoking and drinking.

According to Dr. Adler, those most inclined to become bullies are children with family factors such as harsh discipline or a complete lack thereof, parents who are abusive, or those who are too lenient or disinterested in their child's progress. Other

instigators include peer pressure combined with positive attitudes toward aggression and violence, and children who bully as a way to avoid being taunted themselves or as a way to enhance their power or prestige among their peer group.

Dr. Adler says the most efficacious way to handle bullying is for the victim's parents to contact the parents of the perpetrator. If the bullying persists, approach teachers or school administrators for a resolution. Schools are legally required to have an anti-bullying program in place, as well as a general bullying prevention program. Role-playing with booster sessions can be effective tools in eradicating the problem, Dr. Adler explains.

It's difficult to pinpoint who is most likely to become a victim of bullying, Dr. Adler states. Typically, she notes, it involves children "who lack social skills, are guileless, may be socially awkward, or who have a physical difference" such as being overweight or short. "Lots of kids are bullied," Dr. Adler says. "None of them deserve it."

CWPW PHYSICIANS

Conducting Important Medical Research

Some of the finest pediatric subspecialty care physicians in the region are associated with CWPW. Many of these respected doctors have conducted or are undertaking important leadership roles in the advancement of child medicine through research efforts on the state or national levels. Additionally, many CWPW physicians belong to or serve on committees and organizations dedicated to promoting child health and well-being.

Edmund F. La Gamma, MD

Neonatology



Dr. La Gamma is Chief of Newborn Medicine at CWPW. Chief of Neonatology at Maria Fareri Children's Hospital at Westchester Medical Center, Dr. La Gamma directs one of the largest Neonatal-Perinatal Medicine Fellowship Programs in the United States with 13 trainees. Dr. La Gamma has received funding as the Principal Investigator from the National Institutes of Health, the National Science Foundation, the American Heart Association, the March of Dimes Foundation, the Dysautonomia Foundation and from various industry sources. He is widely published and holds two patents: one on gene therapy in the central nervous system; and another in use of cytokines to treat neonatal infections. He has been a Council leader for the Society for Pediatric Research and other national organizations.

Allen J. Dozor, MD

Pulmonology, Allergy and Sleep Medicine



Dr. Dozor is very much involved with medical research and investigation. As Director of the Children's Environmental Health Center of the Hudson Valley at CWPW, Dr. Dozor is a member of the Child Health Protection Committee of the United States Environmental Protection Agency. Dr. Dozor is also Director of both the American Lung Association Asthma Clinical Research Center and the Armond V. Mascia, MD Cystic Fibrosis Center, both based in Valhalla, New York. As part of the Pediatric Pulmonology, Allergy and Sleep Medicine group at CWPW, Dr. Dozor and his colleagues have and continue to perform real-world clinical trials on asthma for the American Lung Association. The Maria Fareri Children's Hospital New York Medical College (NYMC) is also one of 115 clinical care centers (one of five in the New York metropolitan area) accredited by the Cystic Fibrosis Foundation, investigating how to bring new therapies to the approximately 25,000 cystic fibrosis patients nationwide.

Mehmet Fevzi Ozkaynak, MD

Hematology/Oncology



Dr. Ozkaynak is the Interim Chief of Pediatric Hematology/Oncology at CWPW and at New York Medical College where he is Professor of Pediatrics. He is the Director of Pediatric Hematology/Oncology and Pediatric Blood and Marrow Transplant Program at Maria Fareri Children's Hospital at Westchester Medical Center. For the past eight years Dr. Ozkaynak served as the Vice-Chairperson of the Children's Oncology Group (COG) protocol, to study best treatments for children with neuroblastoma. He is currently the Chair of a COG protocol aimed for Federal Drug Administration (FDA) Biological License application for immunotherapy in patients with advanced neuroblastoma. He chaired several other pediatric oncology projects dedicated to researching childhood cancer, in addition to the COG, which is the largest group in North America that treats children with unified state-of-the-art protocols.

David F. Kronn, MD

Medical Genetics



Dr. Kronn is Chief of Pediatric Medical Genetics at CWPW and Associate Professor of Pediatrics at New York Medical College. He is Director of the Inherited Metabolic Disease Center at Maria Fareri Children's Hospital/Westchester Medical Center, the Newborn Screening Referral Center, the Biochemical Genetics Laboratory, and of the Regional Medical Genetics Center, all in Valhalla. Dr. Kronn serves on the New York State Task Force for Newborn Screening, the Advisory Committee to Review the development of newborn screening in New York State. He also participates in the New York Mid-Atlantic Consortium Work Group 4 Chair for Newborn Screening Standardization Work and holds a research grant to study metabolic disorders and the breakdown of proteins.

Michael H. Gewitz, MD

Cardiology



Michael H. Gewitz MD, Vice President and Chief of Cardiology of CWPW and Professor & Physician-in-Chief, and Chief of Pediatric Cardiology at Maria Fareri Children's Hospital, was recently elected as National Chairperson of the Council on Cardiovascular Disease in the Young (CVDY) of The American Heart Association. This is one of the AHA's 12 scientific councils overseeing research, training, and clinical guideline development in Pediatric Cardiology for the largest US scientific philanthropic organization. Dr. Gewitz was co-author of the recent AHA guideline statement on endocarditis prophylaxis. He has been Associate Editor of the Journal Heart Disease, and is section co-editor for Cardiovascular Review. Dr. Gewitz is a fellow of numerous state and national societies including AOA, the medical school honor society, the NY Academy of Medicine, the Pediatric Academic Societies, the American Heart Association, and the American College of Cardiology, among others.

The next edition of the CWPW Newsletter will profile these physicians:

- Leonard Newman, MD
- Praveen Ballabh, MD
- Markus Erb, MD
- Sergio G. Golombek, MD
- Lance A. Parton, MD, FAAP
- Julian Stewart, MD, Ph.D.